

# Join the Herd Social Work Internship

#### Who are we?

CORRAL is a faith-motivated nonprofit that equips adolescent girls in high-risk situations through a long-term, holistic program of equine therapy and education to prepare each girl and her community with skills, resources, and opportunities so that she can gain access to a bright future. CORRAL is intended as a long-term intervention for these girls, requiring a minimum of one year's commitment from each participant. CORRAL's program provides intensely personal and high contact programming that includes only the uppermost standards of literacy and academic tutoring, vocational training, and equine assisted therapy programs, as well as individual and group mental health sessions. These efforts considerably reduce recidivism and risky behaviors among young women in our county, creating a future of strong, independent individuals.

## Who are you?

We are looking for passionate, motivated individuals enrolled in a <u>Bachelor's or Master's level Social Work program</u>. The non-profit life can get hectic at times, so we need detail-oriented self-starters that aren't afraid to ask questions and think in innovative ways. As a CORRAL intern, you have strong verbal and written communication skills, including public speaking and interpersonal communications. You are willing to resolve conflict and make big decisions. Although we do serious work at the farm, we don't always take ourselves so seriously. You'll thrive in our fun, collaborative space that's filled with supportive people. While our staff loves to work together and so do you, you also possess the ability to work independently with self-direction. Prior horse knowledge is not required to excel in this role but a willingness to learn is!

## **Diversity Statement**

CORRAL aims to serve the highest risk girls in our community. Among those risk factors is the influence of systemic racism. As members of a marginalized population, young people of color are statistically <u>more likely to have negative health, academic and economic outcomes</u>. Understanding this context, CORRAL bears the same responsibility to heal the trauma our girls have experienced due to systemic racism just as much as more commonly understood forms of trauma ie. physical or emotional abuse.

CORRAL is committed to creating a diverse environment and is proud to be an equal opportunity employer. Diversity is more than a commitment at CORRAL—it is the foundation of what we do. We are committed to walking with ALL stakeholders on a journey of anti-racism. We are fully focused on equity and justice. All qualified applicants are encouraged to apply.

### About the internship

At CORRAL, we don't just give our interns leftover projects. Your time with us will be filled with opportunities to produce meaningful and impactful work. Our interns are exposed to providing equine-assisted psychotherapy and traditional talk therapy in group settings. We value growth as a team and as individuals, so interns will have weekly performance feedback check-ins with their manager. Hours will provide a mix of clinical and administrative work. You are strongly encouraged to work with the horses during regularly scheduled staff rides so that you can learn about equine-assisted learning, psychotherapy and yourself!



#### What you'll do

- Participate in all JTH activities with the Manager of Mental Health Services.
- Provide communication to JTH Volunteers around scheduling, expectations for each group, upcoming session material, and debriefing after each session and round
- Coordinate with Referral Coordinator on intakes, referral sources, transportation, and issues with attendance
- Support Manager of Mental Health Services with implementing therapeutic interventions to address each participant's goals
- Support Manager of Mental Health Services with session material planning and implementation
- Weekly communication with each JTH parent to :
  - Build rapport with the family;
  - o Identify resources needed to assist families;
  - Ensure consents are obtained with outside providers and collaborate with outside providers involved with each JTH participant to identify what services are offered and how we can work together to support the family;
  - o Provide updates on treatment goals to parents/guardians;
  - o Complete referrals as needed to outside providers/community resources.
- Complete clinical documentation after each JTH session by the next business day
- Set up and support Manager of Mental Health Services to complete Referral Assessments and Telephone Interview with each parent to identify a good fit for Riding Academy
- Educate families on Riding Academy and understand how Riding Academy could support their family
- Weekly supervision with Manager of Mental Health Services
- Perform various administrative tasks to ensure program effectiveness
- Collaborate with programming staff to create effective intervention plans for program participants
- Collaborate with the Riding Academy Programming Team and Referral Coordinator for any additional resources/referrals/coordination of care on as needed basis

### Desired/preferred qualifications

- Experience working with youth in high-risk situations
- Having a learner's mindset
- Being open to learning how to work with horses

## How to apply

To apply for an internship with CORRAL, email your resume along with a short personal introduction to <u>jobs@corralriding.org</u>. Please include the position you are applying for in the email subject.