



Manager of Mental Health Services

The Team Member we are Looking For:

CORRAL is looking for an experienced, licensed mental health professional that is passionate about working with and positively impacting the lives of historically marginalized and underserved youth. The Mental Health Manager is responsible for delivering culturally and racially relevant, high quality psychotherapy and support for the diverse participants of CORRAL Riding Academy. A commitment to lessening the stigma surrounding mental health issues in BIPOC youth and creating equitable spaces for youth to be seen, heard, challenged, and understood is a must. Things in the arena get hard and real, a successful Manager of Mental Health Services is up to the challenge, flexible and able to follow their creative energy to create the best therapeutic outcomes for youth in tough situations.

This is a direct, on the ground, full time salaried role. The salary range for this position is \$53,000 - \$60,000. Benefits include employer contribution to health, vision and dental benefits plan, available after 60 day trial period. CORRAL observes 13 paid Holidays per year and the contract includes 4 weeks of PTO.

IMPORTANT: Please do not apply if you are not available to work on Saturdays. Typical Program Hours Tuesday - Friday afternoons and all day Saturday. A typical schedule is Tue - Thurs 11am-7pm, Friday & Saturday 9am - 5pm. Summer Hours will be similar to typical office hours Mon-Friday 9am-5pm. Approximately 40% of these hours involve direct service hours and being outside in varying weather conditions. This position will report directly to the Program Director at the Kildaire Farm Campus.

The CORRAL team is big on collaboration, so you must have an ability to demonstrate positive team interactions with other staff members. Outcomes and documentation are important, so you are able to complete the paperwork and analyses that help CORRAL hone its programs. Our participants receive all services free of charge. Therefore, we do not submit any billing to insurance providers.

Minimum Qualifications

- At least two years demonstrated experience providing trauma-informed care.
- Case management experience and ability to connect families to community resources
- Experience facilitating group therapy
- Experience working with adolescent girls with poor emotional and impulse management
- Skill in applying varied interventions with individuals/families in crisis
- Comfortable with being in close proximity to horses
- Skill in working independently and implementing time management strategies
- Ability to provide necessary self-care
- Current clinical licensure - LCMHC, LCSW, LMFT- unrestricted license preferred
- Professional Liability Insurance

Preferred Qualifications

- Familiarity with Equine-Assisted Psychotherapy
- At least one year of program coordination or management experience
- Spanish speaking

About CORRAL

CORRAL is a faith-motivated, non-profit that acts as an intervention program for adolescent girls in high-risk situations in the Triangle Area. Our participants may be "high-risk" due to socioeconomic status, trauma such as neglect, abuse, or, more frequently, a combination of these situations. We pair high-risk girls between the ages of 11 and 18 with rescued horses to promote healing, transformational growth, and ultimately, lasting life change. CORRAL is intended as a long-term intervention for the participants, requiring a minimum of one year's commitment from each girl upon enrollment. Our staff provides intensely personal and high contact programming that includes only the uppermost standards of literacy and academic tutoring, vocational training, and equine assisted therapy programs, as well as, individual and group mental health sessions. CORRAL Riding Academy fulfills Wake County's need for positive youth interventions by not only providing high-risk girls with positive interventions, but by equipping them with the life skills and career tools they will need to succeed in their adult lives.

Diversity Statement

CORRAL aims to serve the highest risk girls in our community. Among those risk factors is the influence of systemic racism. As members of a marginalized population, young people of color are statistically more likely to have negative health, academic and economic outcomes. Understanding this context, CORRAL bears the same responsibility to heal the trauma our girls have experienced due to systemic racism just as much as more commonly understood forms of trauma ie. physical or emotional abuse.

CORRAL is committed to creating a diverse, equitable and inclusive environment and is proud to be an equal opportunity employer. Diversity is more than a commitment at CORRAL—it is the foundation of what we do. We are committed to walking with ALL stakeholders on a journey of anti-racism. We are fully focused on equity and justice. All qualified applicants are encouraged to apply.

Specific Job Responsibilities:

- Programming
 - Provides psychotherapy for all participants. Sessions most likely will be experiential activities outside with horses but may also include traditional talk-therapy and group therapy
 - Facilitates psychoeducational groups for participants and parents
 - Develops emotional intelligence goals for each participant and manages progress towards those goals
 - Guides clients in the development of skills and strategies for dealing with emotional and social regulation and management
 - Maintain confidentiality of discussions and records
- Oversees the mental health interventions of CORRAL's programs with the opportunity to manage other Mental Health Professionals (ie volunteers, interns)
- Gathers data, analyzes it and provides weekly and quarterly reports
- Liaises with outside mental health providers and parents as needed to provide the best possible care for each participant
- Collaborates weekly with all program staff to determine the needs of each participant
- Delivers professional development for staff with regards to mental health issues
- Works with the staff to institute program policies while helping develop the integration of best practices
- Records notes of interactions into our database
- Communicates and coordinates with CORRAL staff and volunteers for informational purposes and to ensure that they are informed about interventions
- Fosters authentic relationships with community partners to ensure adequate resources for the girls and maintain the brand of CORRAL

Volunteer Management: This individual will manage a team of volunteers. As such, this manager:

- Ensures champions understand the “why” of CORRAL
- Teaches CORRAL 101: Girls and ensures each champion who comes in contact with the girls is prepared to work with them to the best of their ability using CORRAL’s values of safety, relationship, high- expectations, and accountability.
- Briefs volunteers upon arrival of schedule and girls needs
- Update Salesforce with interactions with champions as needed
- Manages a group of volunteers and is responsible for the training, coordination, and capacity building of our volunteer champions. Includes volunteers in the “rigor with joy” culture of CORRAL
- Provides training and professional development for vocational and tutoring volunteers
- Provides leadership and oversight for vocational and tutor leaders

Physical Demands

- Ability to stand for prolonged periods of time

Salary/Benefits

- Annual Salary: \$53k-\$60k
- Benefits: Employer Contribution to health, vision and dental plan benefits available after 60 day trial period
- 4 weeks of PTO and 13 paid holidays