



Manager of Mental Health Services

About CORRAL

CORRAL is a faith-motivated, non-profit that acts as an intervention program for adolescent girls in high-risk situations in the Triangle Area. Our participants may be “high-risk” due to socioeconomic status, trauma such as neglect, abuse, or, more frequently, a combination of these situations. We pair high-risk girls between the ages of 11 and 18 with rescued horses to promote healing, transformational growth, and ultimately, lasting life change. CORRAL is intended as a long-term intervention for the participants, requiring a minimum of one year’s commitment from each girl upon enrollment. Our staff provides intensely personal and high contact programming that includes only the uppermost standards of literacy and academic tutoring, vocational training, and equine assisted therapy programs, as well as, individual and group mental health sessions. CORRAL Riding Academy fulfills Wake County’s need for positive youth interventions by not only providing high-risk girls with positive interventions, but by equipping them with the life skills and career tools they will need to succeed in their adult lives.

Diversity Statement

CORRAL aims to serve the highest risk girls in our community. Among those risk factors is the influence of systemic racism. As members of a marginalized population, young people of color are statistically more likely to have negative health, academic and economic outcomes. Understanding this context, CORRAL bears the same responsibility to heal the trauma our girls have experienced due to systemic racism just as much as more commonly understood forms of trauma ie. physical or emotional abuse.

CORRAL is committed to creating a diverse, equitable and inclusive environment and is proud to be an equal opportunity employer. Diversity is more than a commitment at CORRAL—it is the foundation of what we do. We are committed to walking with ALL stakeholders on a journey of anti-racism. We are fully focused on equity and justice. All qualified applicants are encouraged to apply.

Job Description

The Mental Health Manager is responsible for providing high quality psychotherapy and support for the participants of CORRAL Riding Academy. You have a passion for working with girls in “high-risk” situations and enjoy delivering experiential therapy with spontaneity and creativity. You’re flexible and able to follow your creative energy to create the best therapeutic outcomes for our girls. You have a desire to learn and a curious spirit. The CORRAL team is big on collaboration, so you must have an ability to demonstrate positive team interactions with other staff members. Outcomes and documentation are important, so you are able to complete the paperwork and analyses that help CORRAL hone its programs. Our participants receive all services free of charge. Therefore, we do not submit any billing to insurance providers.

This is a full time role with hours of 11 am – 7 pm Tuesday–Thursday and 9 am – 5 pm Friday & Saturday during the school year and 9-5 during the summer. Approximately 40% of these hours involve direct service hours and being outside in varying weather conditions. This position will report directly to the Program Director at the Kildaire Farm Campus.

Minimum Qualifications

- At least two years demonstrated experience providing trauma-informed care
- Case management experience and ability to connect families to community resources
- Experience facilitating group therapy
- Experience working with adolescent girls with poor emotional and impulse management
- Passion for positively impacting the lives of youth in high-risk situations
- Skill in applying varied interventions with individuals/families in crisis
- Ability to deliver culturally-sensitive care to diverse populations
- Comfortable with being in close proximity to horses
- Skill in working independently and implementing time management strategies
- Ability to provide necessary self-care
- Current clinical licensure - LCMHC, LCSW, LMFT- unrestricted license preferred
- Professional Liability Insurance

Responsibilities

- Programming
 - Provides psychotherapy for all participants. Sessions most likely will be experiential activities outside with horses but may also include traditional talk-therapy and group therapy
 - Facilitates psychoeducational groups for participants and parents
 - Develops emotional intelligence goals for each participant and manages progress towards those goals
 - Guides clients in the development of skills and strategies for dealing with emotional and social regulation and management
 - Maintain confidentiality of discussions and records
- Oversees the mental health interventions of CORRAL's programs with the opportunity to manage other Mental Health Professionals (ie volunteers, interns)
- Gathers data, analyzes it and provides weekly and quarterly reports
- Liaises with outside mental health providers and parents as needed to provide the best possible care for each participant
- Collaborates weekly with all program staff to determine the needs of each participant
- Delivers professional development for staff with regards to mental health issues
- Works with the staff to institute program policies while helping develop the integration of best practices
- Records notes of interactions into our database
- Communicates and coordinates with CORRAL staff and volunteers for informational purposes and to ensure that they are informed about interventions
- Fosters authentic relationships with community partners to ensure adequate resources for the girls and maintain the brand of CORRAL

Preferred Qualifications

- Familiarity with Equine-Assisted Psychotherapy
- At least one year of program coordination or management experience
- Spanish speaking

Physical Demands

- Ability to stand for prolonged periods of time

Salary/Benefits

- Annual Salary: \$53-60k
- Benefits:
 - Health, vision and dental benefits available after 60 period
 - 4 weeks of PTO and 13 paid holidays

